

Smoking Cessation Aids

◆ Background:

- According to the Illinois Department of Public Health website:
 - 25% of the rural population smokes (3% higher than in urban counterparts).
 - 17% of all deaths in this state are directly related to tobacco use
 - Smoking related illness results in nearly \$4 billion /yr in lost worker productivity.
 - Smoking related health care costs over \$3 billion /yr.

Motivation for this Project

- Smokers face a powerful addiction and are twice as likely to be successful in cessation attempts with the use of a pharmacologic aid.
- Many physicians feel pressed for time and are often expected to see patients every 15 minutes.
- Patients often ask about smoking cessation at the end of a visit, not leaving much time for detailed education about cessation aids.



Brief Description

- The preceding information formed the foundation of this project which was designed to give physicians and patients easy access to information regarding effective use of smoking cessation aids and thereby make more efficient use of patient-physician interaction in the office setting.



Methods

- The bulk of this project consisted of a MEDLINE search which revealed numerous articles on efficacy and use of smoking cessation aids.
- Information on safety and adverse effects was gathered from the PDR and product inserts.
- Personal interviews with several area pharmacists were used to gather other information including cost.



Results



- Information has been compiled as described above and currently measures are underway to establish patient friendly handouts containing this information and to make this information available via the internet.
- Once posted at www.ksbhospital.com, the URL will be advertised to area physicians and usage possibly monitored via a site access counter.